
Anxiety Disorders: Psychological Approaches to Their Theory and Treatment is a distinctive textbook combining theoretical research developments with a discussion of the nature and treatment of anxiety disorders. Designed for advanced undergraduate and graduate courses, as well as for mental health professionals, the book presents psychological approaches to the conceptualization and treatment of adult anxiety disorders. Emphasizing theoretical and research developments in the areas of cognitive psychology, neuroscience, learning theory, and clinical psychology, Michelle G. Craske provides a cohesive presentation of issues that have a direct treatment application. Anxiety disorders discussed include: panic disorder and agoraphobia, social phobia, specific phobias, generalized anxiety disorder, and obsessive compulsive disorder. The first half of the book covers clinical and diagnostic presentation, etiological models, empirically supported treatment approaches, mechanisms of therapeutic change, methods for enhancing treatment effectiveness and efficiency, and integration of psychological and pharmacological treatment approaches. Recent theoretical and research developments are related to each topic. The second half of the book covers each anxiety disorder in detail, including conceptualization, treatment outcome data, application of research developments, and areas in need of further research. In addition, a detailed analysis of the most effective treatment is included for each anxiety disorder. A thorough list of references and resources appears at the end of the book. Thanks to its coverage of theoretical and empirical issues as well as treatment methods, Anxiety Disorders and Their Treatment is sure to be of relevance to researchers and mental health professionals as well as students.

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Anxiety and its disorders , , 1988, , . .

Phobias a handbook of theory, research, and treatment, Graham Davey, Graham C. L. Davey, 1997, Medical, 451 pages. Phobias A Handbook of Theory, Research and Treatment Edited by Graham C. L. Davey University of Sussex, UK * A complete summary of current knowledge about phobias, for the.


Anxiety Disorders in Children and Adolescents Research, Assessment, and Intervention, Wendy K. Silverman, Ph. D. A. Treffers, Jan 1, 2001, Medical, 402 pages. An international team of psychiatrists and psychologists review the most recent developments in the treatment and assessment of anxiety disorders in the young..

Origins of Phobias and Anxiety Disorders Why More Women Than Men?, Michelle Genevieve Craske, 2003, Medical, 304 pages. The first title to be published in the BRAT Series on Clinical Psychology, this book presents a critical analysis of the theories and empirical evidence to date regarding the.
Phobias, Mario Maj, Hagop S. Akiskal, Juan José López-Ibor, Jr., Ahmed Okasha, Aug 13, 2004, Medical, 380 pages. Phobias are increasingly common amongst the general population, sometimes resulting in a very significant social disability and burden for the family. Most cases remain.

Current Theory and Research in Motivation, Volume 9, 1961, Motivation (Psychology), . .

Stress-Induced and Fear Circuitry Disorders Refining the Research Agenda for DSM-V, Gavin Andrews, Dennis S. Charney, Paul J. Sirovatka, Darrel A. Regier, Feb 20, 2009, Medical, 330 pages. As disorders in which stress or fear play major roles present an increasing need for psychiatric care around the world, this volume summarizes current research to determine.

Cognitive Therapy Across the Lifespan Evidence and Practice, Mark A. Reinecke, David A. Clark, Sep 25, 2003, Medical, 536 pages. This balanced, evidence-based overview examines the effectiveness of cognitive-behavioral therapy in clinical practice.

Textbook of Anxiety Disorders, Dan J Stein, MD, Eric Hollander, 2002, Medical, 515 pages. This one-stop resource for both clinicians and researchers details not only the rigorous diagnostic schemas, underlying sophisticated psychobiological models, and effective.

Anxiety Disorders Theory, Research and Clinical Perspectives, Helen Blair Simpson, Yuval Neria, Roberto Lewis-Fernández, Franklin Schneier, Aug 26, 2010, Medical,. Anxiety disorders are amongst the most common of all mental health problems. Research in this field has exploded over recent years, yielding a wealth of new information in.

Handbook of Exposure Therapies, David C.S. Richard, Dean Lauterbach, Oct 11, 2011, Psychology, 464 pages. Exposure Therapy refers to any clinical intervention in which a client directly confronts a source of fear. Since high levels of anxiety can not be maintained indefinitely.

Anxiety Disorders A Guide for Integrating Psychopharmacology and Psychotherapy, Stephen M. Stahl, Bret A. Moore, Feb 13, 2013, Medical, 312 pages. With its thorough exploration of psychopharmacological treatments, psychosocial treatments, and, crucially, the integration of the two, Anxiety Disorders is a text no 21st.

Clinical Manual of Anxiety Disorders, Dan J. Stein, May 3, 2007, Medical, 200 pages. Anxiety disorders are among the most prevalent, persistent, disabling, and costly psychiatric disorders, yet they are often underdiagnosed and undertreated. Fortunately, there.

Anxiety Disorders An Introduction to Clinical Management and Research, Eric J. L. Griez, Carlo Faravelli, David Nutt, Joseph Zohar, Jul 10, 2001, Medical, 402 pages. This book will be a practical textbook based on the courses held for the European Certificate in Anxiety and Mood Disorders. The Certificate is an international post graduate.

Cognitive Therapy of Anxiety Disorders Science and Practice, David A. Clark, Aaron T. Beck, Oct 30, 2009, Psychology, 628 pages. Updating and reformulating Aaron T. Beck's pioneering cognitive model of anxiety disorders, this book is both authoritative and highly practical. The authors synthesize the.
Children love to build, and are fascinated by things that are big and small. This book capitalizes on these natural fascinations to involve students in scientific explorations.

Why chimps can read, Ann J. Premack, 1976, Language Arts & Disciplines, 118 pages


Activating Human Rights, Elisabeth J. Porter, Baden Offord, Jan 1, 2006, Political Science, 284 pages. This book is based on papers originally presented at the international conference 'Activating Human Rights and Diversity' held in Australia in 2003. It advances a powerful and

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Down the Memory Hole, Bonnie Turner, Feb 1, 2005, Juvenile Fiction, 148 pages. Summer vacation sucks when 12-year-old Buzz Collins shares his room and emotional space with his grandfather, who has Alzheimer's disease, and his parents forbid him to

Lens on Life: Documenting Your World Through Photography, Stephanie Calabrese Roberts, Apr 12, 2013, Photography, 192 pages. Mostly candid and spontaneous, documentary photography serves to preserve a moment in time. In Lens on Life, celebrated documentary photographer and author of the best-selling Outside Looking In: Adventures of an Observer, Garry Wills, Oct 14, 2010, Biography & Autobiography, 208 pages. A captivating memoir from the incomparable Garry Wills, "one of the country's most distinguished intellectuals" (The New York Times Book Review) Illuminating and provocative POSSESSIONS tells the story of Meli and Lila, the Puerto Rican grandmother and her American granddaughter, separated for fifteen years by Lila's mother's buried hostility. Florence City, Alabama, historian McDonald makes available another treasured research piece of family and community history. Few aspects of American military history have been as vigorously debated as Harry Truman's decision to use atomic bombs against Japan. In this carefully crafted volume, Michael.

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Picasso Linoleum Cuts The Mr. and Mrs. Charles Kramer Collection in the Metropolitan Museum of Art, Pablo Picasso, 1985, Linoleum block-printing, 166 pages


The Toxic Labyrinth A Family’s Successful Battle Against Environmental Illness, Myrna Millar, Heather Millar, Jul 1, 1995, Health & Fitness, 304 pages

A family’s successful battle against environmental illness Share the joys of yoga and increase the benefits. The familiar postures of Hatha Yoga have renewed power and effectiveness when partners work together. Though all the asanas.

Boxing for Fitness Safe and Fun Workouts to Get You Fighting Fit, Clinton McKenzie, Hilary Lissenden, 2011, Sports & Recreation, 175 pages. Boxing is well-known for its training regime, which produces some of the strongest, fittest athletes in the world. 'Boxing fitness', a recent development in personal fitness.

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Basic Books, 1999

Discovering the Life Span Plus NEW MyPsychLab with EText -- Access Card Package, Robert S. Feldman, May 31, 2013, Psychology, 576 pages. Modular, Manageable, Meaningful- help your students discover the life span! Discovering the Life Span provides students with a strong balance of research and applications. Many Human achondroplasia a multidisciplinary approach, Benedetto Nicoletti, 1988, Medical, 491 pages Michelle Genevieve Craske

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The men who flew the Mosquito, Martin W. Bowman, 2003, History, 224 pages. The two-engined Mosquito was one of the classic aircraft of the Second World War. Famously wooden-built, its graceful lines and powerful performance have made it into an

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Fighting the new evil war of terrorism, Surindur Singh, 2000, Terrorism, 316 pages. With reference to India Found on eBay 101 genuinely bizarre items from the world's online yard sale, Marc Hartzman, Liz (PHT) Steger, Jun 1, 2002, Antiques & Collectibles, 110 pages. Offers information on 101 odd items found on the Internet auction site eBay, including a can of rattlesnake meat, a JFK garden gnome, and a preserved shark fetus.
Anxiety Disorders: Psychological Approaches to Theory and Treatment 1999 A new in-depth historical insight into the 12th-century King of Argyll who laid the foundations for the rout of the Vikings from Scotland's west coast. In doing so he set the. Dale has the miraculous ability to heal and raise the recent dead. But he's also insane. When he uses his power to brutally kill the woman next door, night after night, no one.
First - Reader, Book 3, Maude Parmly, 1914, ReadersBiotech's Dictionary of Agronomy, J B & Sumit Jain eds, Jan 1, 2005, Agronomy, 336 pages. Dictionary Of Agronomy Is A Comprehensive Compilation Of The Terminology Used In Agronomy. It Covers The Whole Range Of Agronomical Terms And Includes Essential Entries From The Little Yellow Bottle, , Mar 1, 2012, Juvenile Fiction, 24 pages. When friends Marwa and Ahmad detonate an unexploded cluster bomb that they think is a little yellow bottle, they must learn to live with the injuries they receive with the help "It is impressive to see an edited collection in which such a high intellectual standard is maintained throughout... I learned things from almost every one of these chapters.

Anxiety Disorders: Psychological Approaches to Theory and Treatment Basic Books, 1999

The RV Handbook, Bill Estes, 1997, Transportation, 449 pages. Both new and experienced RV owners will find this system-by-system guide indispensable -- Expanded to include up-to-date improvements in technology, accessories, appliances

Robert Runcie, Adrian Hastings, Jan 1, 1991, Anglican Communion, 221 pages Millennium, John Varley, Oct 1, 1999, Fiction, 272 pages. In the skies over Oakland, California, a DC-10 and a 747 are about to collide. But in the far distant future, a time travel team is preparing to snatch the passengers, leaving Anxiety Disorders: Psychological Approaches to Theory and Treatment 1999

Paneer Bonanza, Prabhjot Mundhir, Jan 1, 2006, Cooking (Cheese), 164 pages. Paneer is a high-protein food, and if you are a vegetarian you must include it in your meal. Even if you are not much fond of it, these recipes will surely make you a convert.

Members in Particular, Janet M. Magiera, Feb 12, 2010, Religion, 112 pages. Members in Particular is a comparison of the Body of Christ with the physical body. The analogy used in I Corinthians 12 yields many practical truths regarding how the Church works.

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Gott'cha! Rubik's® Cube, Phillip Morales, 2010, Games, 42 pages. Here is an easy to understand update to one of the early solutions to that frustrating puzzle - the Rubik's(r) Cube. The puzzle-with its simple looking, six colored sides isChangeOne the diet & fitness plan, lose weight simply, safely and forever, John Foreyt, Reader's Digest, Dec 29, 2005, Health & Fitness, 352 pages. Filled with personal stories, vital lessons, visual guides, easy exercises, and a wealth of ideas, a revolutionary twelve-week program shows readers how to look at food in a Rent It Up! Four Steps to Unlocking the Profit Potential in Your Self-Storage Business, Tron Jordheim, 2009, Business & Economics, 128 pages. Do you own, manage, or work at a self-storage business? Then you NEED this book! Chances are you have been missing out on up to 30 percent of your potential customers! The

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